

March 2024

Southern Lehigh High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



DID YOU KNOW?

Alexander Graham Bell made the first ever phone call on March 10th, 1876. He called his assistant and said "Mr. Watson, come here. I want to see you."

Stuffed Crust
Cheese or Pepperoni
Pizza
Steamed Green
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

1

Spicy or Plain
Chicken Patty
Sandwich
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

4

Mac & Cheese
Steamed Peas
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

5

Mini Cinnis*
2 Sausage Links
Hash Brown
Assorted Fresh or
Canned Fruit
Choice of Milk
***Mini Cinnamon Rolls**

6

Cheese
or Pepperoni
Personal Pizza
Steamed Green
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

7

**NO
SCHOOL!
Professional
Learning
Day**

8

Chicken Tenders
Dinner Roll
Steamed Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

11

French Toast
Sticks
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

12

Chicken Alfredo
with Pasta
Steamed Broccoli
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

13

Mini Corn Dogs
Vegetarian Baked
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

14

Cheese
or Pepperoni
Big Daddy's Pizza
Steamed Green
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

15

Dutch Waffle*
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk
***Similar to a
Funnel Cake**

18

***Taco Tuesday!**
Walking Taco
Seasoned Beans
Spanish Rice
Assorted Fresh or
Canned Fruit
Choice of Milk

19

Spartan
Cheeseburger
Sweet Potato Fries
Assorted Fresh or
Canned Fruit
Choice of Milk
***Cheeseburger topped w/
Bacon and Onion Rings**

20

Chicken Turnover
Mashed Potatoes
& Gravy
Steamed Broccoli
Dinner Roll
Assorted Fresh or
Canned Fruit
Choice of Milk

21

Cheese
or Pepperoni
French Bread Pizza
Steamed Green
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

22

Max Stix w/
Marinara
Tossed Salad w/
Choice of
Dressing
Assorted Fresh or
Canned Fruit
Choice of Milk

25

Chicken Nuggets
Dinner Roll
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

26

Cheese
or Pepperoni
Big Daddy's Pizza
Steamed Green
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

27

**NO
SCHOOL!
Spring
Break!**

28

**NO
SCHOOL!
Spring
Break!**

29

A La Carte

**Grab 'n Go Salad (comes
with dressing and dinner
roll)**

**Hoagie or Wrap
Pizza Slice
PB & J Uncrustable**

**Not all items are available
every day**

***All meals come with choice of
fruit, vegetable, & milk**

**** Fresh vegetable sides are
offered daily!! They can be taken
along with the 5 meal components
or in place of the vegetable of the
day listed on the menu.**

Cafeteria News

Visit www.ezschoollpay.com
to view your child's lunch
account and make payments
online!

*** Students MUST take a fruit or
a vegetable to make a complete
meal/qualifying reimbursable
lunch.**

**Meal Price \$3.35
Salad Meal Deal \$3.75**

****Menu Subject to Change**

**!!No cost breakfast available
each morning at all schools!!**

**++This institution is an equal
opportunity provider and
employer.**

**To fill out a Free & Reduced
Application electronically,
please go to:
www.compass.state.pa.us**